

# Assisted Living Sample Menu

## Sunday

### Lunch

BBQ brisket, macaroni & cheese, green beans, rolls and funfetti cake

### Dinner

Spinach lasagna, garden fresh salad, garlic bread, pears and Haagen-Dazs ice cream bars

## Monday

Alaskan garlic pepper salmon, new potatoes w/dill, cherry tomato salad, crescent rolls and red velvet cake

Grilled turkey panini, rotini pasta salad, tater tots, sliced peaches and sawdust pie

## Tuesday

Rotisserie chicken, baked potatoes, California vegetable blend, Hawaiian rolls and magnolia pie

Santa Fe stew, cheese cubes, cornbread, fresh fruit and raisin rice pudding

## Wednesday

Honey baked ham, butterbeans, mixed greens salad, rolls and sour cream banana cake

Shrimp fried rice, Asian blend vegetables, spring rolls, fruit cocktail, fortune cookies and cheesecake bites

## Thursday

Veal scaloppini w/fettuccine, sautéed zucchini & squash, Caesar salad, breadsticks and tiramisu

Hearty vegetable soup, grilled cheese sandwich, fresh fruit and dandy cake

## Friday

French onion pork chop, sweet potatoes, company cauliflower and blackberry cobbler

King ranch casserole, rice & beans, chips & salsa, guacamole, fresh fruit and pastel de tres leches

## Saturday

Salisbury steak, mashed potatoes, sweet peas, rolls and pecan pie

Egg salad sandwich, zesty corn salad, ruffles, mandarin oranges and assorted desserts